

ABSTRACT OF THE DISCLOSURE

A health promotion practitioner support apparatus is provided. The health promotion practitioner support apparatus includes a part 5 storing scenarios which includes health promotion information and health promotion timing for each of levels of readiness for change; a part obtaining data on lifestyles and the level of readiness for change of a client; a part preparing a health 10 promotion schedule of the client from the scenario and the data, and outputting the health promotion schedule; and a part outputting health promotion information for the client according to operation to the health promotion schedule.